

# Hikes, trails & parks



- Riparian Preserve at Water Ranch (Gilbert)
- Camelback Mountain (Phoenix)
- Papago Park (Tempe)
- Desert Botanical Garden
- South Mountain
- Piestewa Peak (Phoenix)
- Devil's Bridge (Sedona)
- North Mt. Wilson (Sedona)
- Phoenix Mountain Preserve
- Grand Canyon
- Mt. Humphreys (Flagstaff, highest peak in AZ)
- Pima Canyon Trailhead - Cosmo Dog Park (Gilbert)
- Freestone Park (Gilbert)
- Chaparral Park (Scottsdale)
- Encanto Park (Phoenix)
- Tempe Beach Park (Tempe)
- Desert Breeze Park
- Barking Lot Dog Park (Tempe)

## Weekend Get-Away Spots

### Flagstaff, AZ

- Hiking
- Mountain Biking
- Skiing/Snowboarding
- Camping
- Breweries
- Star Gazing (Lowell Observatory)

### Jerome

- Haunted Hotel
- Wineries
- Shops

### Prescott

- Whiskey Row
- Restaurants
- Shops

### Sedona, AZ

- Hiking
- Mountain Biking
- Oak Creek Canyon
- Jeep Tours
- Horseback riding
- Camping

### Camping

- Happy Jack
- Edge of the World/East Pocket (outside Flagstaff)
- RIM
- Christopher Creek

## MAZ | Area Resource Guide

### Attractions

#### Lakes

- Salt River (Mesa)
- Blue Ridge (Happy Jack, AZ)
- Lake Powell (Page, AZ)
- Bartlett Lake (Carefree, AZ)
- Lake Pleasant

#### Kayaking Rentals:

- Redline Rentals (Mesa)
- Arizona Action Rentals (Gilbert)
- REI (many locations)
- Float/Kayak/Paddle Board/Camping · Salt River

#### Activities

- Top Golf (Gilbert, Scottsdale, and Glendale)
- The Japanese Friendship Garden of Phoenix
- Desert Botanical Gardens
- Phoenix Zoo
- Antelope Canyon
- Horseshoe Bend
- Tortilla Flats
- Odyssey Aquarium

## MUSIC

- Country Thunder Music Festival
- Innings Festival at Tempe Beach Park
- McDowell Music Festival
- The Van Buren (Venue)
- Crescent Ballroom (Venue)
- Ak-Chin Pavilion (Venue)
- Valley Bar (Venue)
- Copper Blues (Venue)

## AZ Fun Facts

- Mesa is the largest suburban city by population
- Over 300 Golf Courses in Arizona
- Most Populated State Capitol in the US
- Population
- Best preserved Crater on Earth
- Only State that does not observe Daylight Savings Time <https://ssoffice.location.com/offices/arizona/mesa/mesa-social-security-office-85210/>
- Lowell Observatory – home of the telescope that found Pluto!

### Restaurants

- Culinary Dropout** (Tempe, Gilbert, Phoenix, Scottsdale)
- Joyride Taco**(Gilbert, Phoenix)
- Postino** (Tempe, Gilbert, Chandler, Phoenix, Scottsdale)
- The Perch** (Chandler)
- The Porch** (Phoenix, Gilbert, Tempe)
- AZ Wilderness** (Gilbert, Phoenix)
- San Tan Brewery** (Chandler)
- The Windsor** (Phoenix)
- Joe's Farm Grill** (Gilbert)
- Pomo** (Gilbert, Scottsdale, Phoenix)
- Barrio Queen** (Scottsdale, Gilbert, Tempe, Phoenix)
- OSHO \*very Dog friendly** (Phoenix, Gilbert, Scottsdale)
- Olive and Ivy** (Phoenix, Scottsdale)
- Chantico** (Phoenix)
- Jet's Pizza** (Chandler & Phoenix)
- Pizza Bianco** (Phoenix)
- West Ally BBQ Smokehouse** (Chandler)
- Clever Coy** (Phoenix, Gilbert)
- Four Peaks Brewing Co** (Tempe)
- Copper Blues** (Phoenix)
- Sushi Brokers** (Gilbert)
- The Brick Yard** (Chandler)
- Farm and Craft** (Scottsdale)
- Maple and Ash** (Scottsdale)
- The Hidden House** (Chandler)
- AZ88** (Scottsdale)
- Welcome Diner** (Phoenix)
- Chelsea's Kitchen** (Arcadia)
- Ingo's & LGO** (Arcadia)
- The Churchill** (DT Phoenix)
- K38 Beach Mex Cantina** (Gilbert)
- The Beverly** (Scottsdale)
- Breakfast Kitchen Bar** (Phoenix)
- 12 West Brewing** (Mesa)
- What's Crackin Café** (Mesa)
- Sid's Garage** (Phoenix)
- Recreo** (Chandler)

## STAY CONNECTED

- <https://www.mesaaz.gov/>
- <https://downtownmesa.com/>
- <https://www.gilbertaz.gov/>
- <http://www.downtowngilbert.com/>
- <https://www.mesaparks.com/>
- <https://ssoffice.location.com/offices/arizona/mesa/mesa-social-security-office-85210/>

# MAZ Project Welcome Pack

3841 S Ellsworth Rd Mesa, AZ 85212



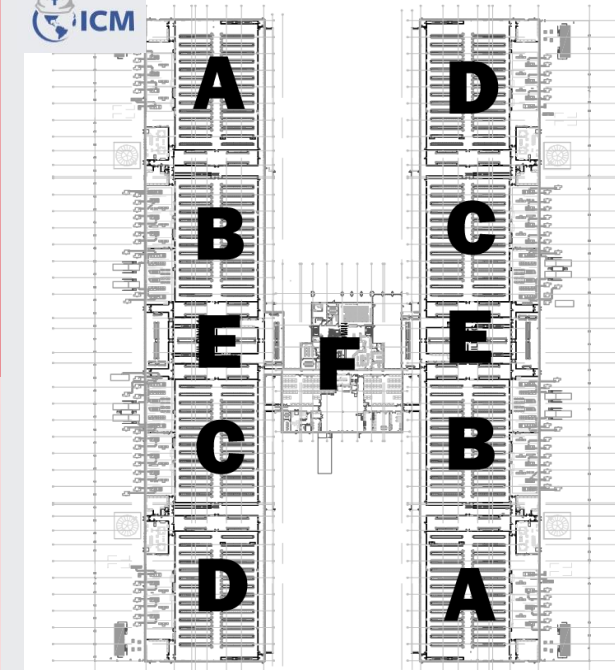
## Emergency Contacts

Medic: 844.787.7003

**Justin Edwards** 650.465.4139 **Steve Duxbury** 480.586.5316  
Project Safety Safety Lead

**Matt Leckner** 804.239.9874 **Chip Meade** 209-663-9614  
Buildings General Superintendent Senior Superintendent

**SITE HOLIDAYS:** New Year's Day, Memorial Day, 4<sup>th</sup> of July, Labor Day, Thanksgiving, Christmas



## SITE HISTORY

### GM Proving Grounds

The General Motive Proving grounds began operations in 1953. The GM proving grounds started with 1125 acres, one building, and seven miles of test road. The GM proving grounds in Mesa were to test brakes, tires, and other parts as well as how the cars hold up in heat and dust.

In the 90's the GM proving grounds would average about 400 employees on-site. During peak testing seasons there could be as many as 1,200 employees.



GM Proving Grounds - 1980

## Important Numbers

**Safety Hotline: 602-571-1429**

**Security: 480-286-7606**

**Site Medical: 844-787-7003**

# BECAUSE WE CARE

### Hydration Stations

All contractors are required to provide their employees with water, but in the warm seasons, DPR goes the extra mile and provides hydration stations around the jobsite as well. We also pass out electrolyte popsicles in high temperatures.

### Break Tents

MAZ has air-conditioned break tents for employees to get out of the elements and have a place to rest for lunches and breaks. In break tents we provide lunch box platforms, microwaves, and information boards.

### Bathrooms Trailers

MAZ has full functioning bathroom trailers with plumbing for the comfort of our employees.

### Food Truck

MAZ has a food truck on-site daily, making food more accessible, since we know time is valuable in this industry.

### Employees/Crews of the Month

Each month we award an employee of the month, a crew of the month, or both. They are recognized and rewarded at our site-wide Safety Stand-Down meeting.

MAZ Data Center has Mental Health & Wellness Resources - It's okay to ask for help.

### Wellness Program

MAZ cares about the physical and mental health of everyone on-site and is dedicated to continuously supporting our employees in every way we can. We now have a full-time Wellness Coach on site to help you improve your health and work towards your wellness goals. We also have a Mental Health Therapist on-site one day per week to help you work through issues such as stress, anxiety and depression. These services are at no cost to you.

### Contacts

Wellness Coach-Danielle Haworth 224-415-0153

Mental Health-Stacy Adler 855-511-0183

## Health & Wellness Pillars



Which of these pillars needs your attention? See your wellness coach for support and planning strategies to improve your well-being.